



International Certification Intensives in Oakland, CA

Jr. Associate Latin: October 11-15, 2010

Silver Standard: October 18-22, 2010

Please join Diane Jarmolow, the world-renowned “teacher of teachers”, for the upcoming Certification Intensives on the DVIDA® International Latin and/or Standard dances. These workshops will present a solid system for enhancing your understanding of the theory, dancing, and teaching methodology of the International dances. You can take this course to improve your dancing and teaching, and you can also take it with the aim of passing the DVIDA® certification exam at the end. This is a fantastic opportunity for teachers and aspiring professionals to build expertise, earn credentials, and distinguish themselves in the ballroom dance industry.

Class Schedule:

- Monday –Friday, 9am-5pm (with a 1 hour lunch break)
 - Week 1, Junior Associate Latin: October 11-15
 - Week 2, Silver Standard: October 18-22

DVIDA® Exams: Take the DVIDA® exam while you are here. Please note: The exam fee and examiner’s time are not included in the cost of the Intensive.

Location: Just Dance Ballroom, Oakland CA. www.JustDanceBallroom.com

Suggested Accommodations: Executive Inn & Suites - Oakland Waterfront
1755 Embarcadero, Oakland, CA 94606. Book soon online for the lowest rates. Or call (510) 536-6633 and mention our corporate number: EC4805. Free shuttle to Just Dance.

Prerequisites:

- If your goal is to learn a lot and improve your dancing: Ability to dance **either** the Leader’s or Follower’s role fluidly to music of the figures to be taught (see tables below).
- If your goal is to get certified at the end of the Intensive: Ability to dance **both** the Leader’s and Follower’s roles fluidly to music of the figures to be taught (see tables below).

To Register:

- Space is limited- please register as soon as possible to reserve your spot.
- You can register online at <http://www.teachballroomdancing.com/classes/bronze-teacher-training-enroll.html>.
- Tuition: \$550 one week, \$995 for two weeks. \$100 non-refundable deposit due at time of registration; balance due by Sept. 15, 2010. We accept credit cards and PayPal.

Email LearnMore@TeachBallroomDancing.com or call (510) 336-9426 for more information.

International Latin Jr. Associate Figures

Cha Cha	Samba	Rumba	Paso Doble	Jive
1. Basic Movement 2. New York 3. Spot Turns 4. Shoulder to Shoulder 5. Hand to Hand 6. Three Cha Cha Chas 7. Side Steps 8. There and Back 9. Time Steps	1A-D. Natural, Reverse, Side, and Progressive Basics 2. Whisks to L and R 3A. Promenade S. Walks 3B. Side S. Walks 3C. Stationary S. Walks 4. Rhythm Bounce 5. Volta Movements 6. Traveling Bota Fogos 7. Criss Cross Bota Fogos	1. Basic Movement 2. Alternative Basic 3. Cucurachas 4. New Yorker 5. Spot Turns 6. Shoulder to Shoulder 7. Hand to Hand 8. Progressive Walks Forward & Back 9. Side Steps	1. Surplace 2. Basic Movement 3. Appel 4. Chassés to Right 5. Chassés to Left 6. Drag 7. Displacement 8. Promenade Link 9. Promenade 10. Ecart 11. Separation	1. Basic in Place 2. Fallaway Rock 3. Fallaway Throwaway 4A. Link Rock 4B. Link

International Standard Silver Figures

Waltz	Tango	Foxtrot	Viennese Waltz	Quickstep
18. Weave from PP 19. Open Impetus to Wing 20. Closed Telemark 21. Turning Lock Finishing in CP & PP 22. Open Impetus with Cross Hesitation 23. Open Telemark to Wing 24. Open Telemark to Cross Hesitation 25. Drag Hesitation 26. Outside Spin 27. Open Impetus to Weave	16. Four Step 17. Promenade Link 18A. Outside Swivel 18B. Outside Swivel (From Open Promenade) 18C. Outside Swivel (Turning Left) 19. Fallaway Promenade 20. Brush Tap 21. Four Step Change 22. Back Open Promenade	10. Quick Open Reverse 11. Quick Natural Weave 12. Top Spin (After Feather Finish) 13. Hover Telemark 14A-D. Natural Twist Turn w/ Hover Feather Ending, w/ Closed Impetus & Feather Finish Ending, w/ Open Impetus Ending, w/ Natural Weave Ending 15. Open Telemark, Natural Turn Outside Swivel w/ Feather Ending 16. Open Telemark w/ Feather Ending 17. Open Impetus 18. Weave from PP 19. Hover Cross 20. Closed Telemark 21. Natural Telemark 22. Hover Feather 23. Reverse Pivot	5. Right Foot Backward Change Step 6. Left Foot Backward Change Step	16. V-6 17. Quick Open Reverse 18. Four Quick Run 19. Running Right Turn 20. Cross Swivel 21. Fish Tail 22. Tipple Chassé to Left 23. Closed Telemark